

Cec Larocque

2001 Inductee - Honorary Life Member



Cec started to play softball in the 50's and continued to play ball until the 60's, when he became a player/coach. In the 1970s and 80s, Cec coached his daughter Brenda in the South Hill Ladies A Fastball League.

Additionally, in 1972, Cec started to hold his own pitching clinics for local athletes and continues to hold clinics today. In April 1977, Cec became one of the original Softball B.C. NCCP Level 1 Master instructors travelling throughout the Province for the next 10 years.

Cec continues to show his love of the game, teaching young athletes to pitch and helping out when asked. He is a great supporter of the game and will work with anyone who shares his passion. Softball is fortunate to have such a great sportsperson as Cec Larocque.